

# Improving the decision-making process in the structural modification of drug candidates

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## Part I: Enhancing Metabolic Stability

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Bioanalytical Course  
University of Connecticut  
April 26 , 2011  
Chemistry Building T309  
11:00-12:10

# OUTLINE

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- ❑ Significance of metabolite characterization and structure modification.
- ❑ Considerations to Enhance Metabolic Stability
- ❑ Approaches to assess the metabolism of a compound
- ❑ Advantages of Enhancing Metabolic Stability
- ❑ Strategies to Enhance Metabolic Stability
- ❑ Examples from literature
- ❑ Conclusions

# Significance of metabolite characterization and structure modification.

- ❑ Metabolite characterization has become one of the main drivers of the drug discovery process to help optimize ADME properties and to increase the success rate for drugs
- ❑ Metabolite identification helps identify potential metabolic liabilities or issues
- ❑ It provides a metabolism perspective to
  - *guide synthesis efforts with the aim of either blocking or enhancing metabolism*
  - *optimize the pharmacokinetic and safety profiles of newly synthesized drug candidates*
- ❑ It assists the prediction of the metabolic pathways of potential drug candidates

## Considerations to Enhance Metabolic Stability.

- ❑ One of the most important keys to successful drug design and development is a process of finding the right combination of multiple properties such as activity, toxicity and exposure.
- ❑ It is very important to first determine, and then optimize, the exposure-activity-toxicity relationships or the rule of three for drug candidates, and thus their suitability for advancement to development.
- ❑ The responsibility of the drug metabolism scientist is to optimize plasma  $T_{1/2}$  (clearance compound), drug/metabolic clearance, metabolic stability, and the ratio of metabolic to renal clearance.
- ❑ Another concern is to minimize or eliminate the following:
  - *gut/hepatic-first-pass metabolism*
  - *inhibition/induction of drug-metabolizing enzymes by metabolites*
  - *biologically active metabolites*
  - *metabolism by polymorphically expressed drug-metabolizing enzymes*
  - *formation of reactive metabolites.*

## Approaches to assess the metabolism of a compound

- ❑ There are two approaches to assess the metabolism of a compound: *in vitro* and *in vivo*. Which of these techniques is used depends on a variety of factors such as the nature of the program, the mindset of the company involved, and the resources available.
- ❑ Some companies may favor high-throughput *in vitro* studies to develop Structure Activity Relationship (SAR) around metabolic stability or even enzyme specificity for a series of compounds
- ❑ Whereas others may place value on *in vivo* dosing of promising leads at the early stages, which although of lower throughput provides much more information on the likely fate of a particular compound than the *in vitro* methods.

## Advantages of Enhancing Metabolic Stability

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- ❑ Increased bioavailability and longer half-life, which in turn should allow lower and less frequent dosing thus promoting better patient compliance.
- ❑ Better congruence between dose and plasma concentration, thus reducing or even eliminating the need for expensive therapeutic monitoring.
- ❑ Reduction in metabolic turnover rates from different species which, in turn, may permit better extrapolation of animal data to humans.
- ❑ Lower patient-to-patient and intra-patient variability in drug levels, since this is largely based on differences in drug metabolic capacity.
- ❑ Diminishing the number and significance of active metabolites and thus lessening the need for further studies on drug metabolites in both animals and man.

# Strategies to Enhance Metabolic Stability

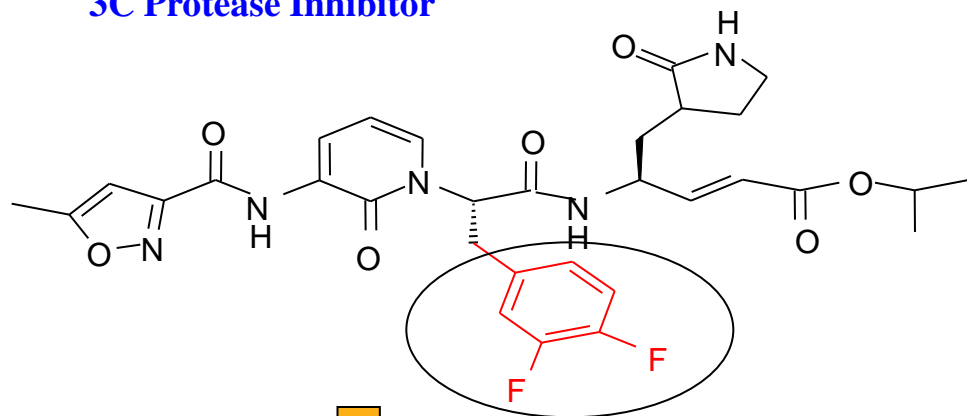
□ The following strategies have been used:

- *Deactivating aromatic rings towards oxidation by substituting them with strongly electron withdrawing groups (e.g.,  $CF_3$ ,  $SO_2NH_2$ ,  $SO_3^-$ ).*
- *Reduce size and lipophilicity*
- *Replace H with  $CH_3$  (do enough times to avoid stereocenter)*
- *Block  $\alpha$ -carbon hydrogens with  $CH_3$*
- *Introducing an N-t-butyl group to prevent N-dealkylation.*
- *Replacing a labile ester linkage with an amide group.*
- *Deuterated drug approach*
- *Constraining the molecule in a conformation which is unfavorable to the metabolic pathway*
- *Avoidance of the phenolic function which has consistently been shown to be rapidly glucuronidated.*
- *Avoidance of other conjugation reactions as primary clearance pathways, would also be advised in the design stage in any drug destined for oral usage.*
- *Anticipate a likely route of metabolism and prepare the expected metabolite if it has adequate intrinsic activity. For example, often N-oxides are just as active as the parent amine, but won't undergo further N-oxidation.*

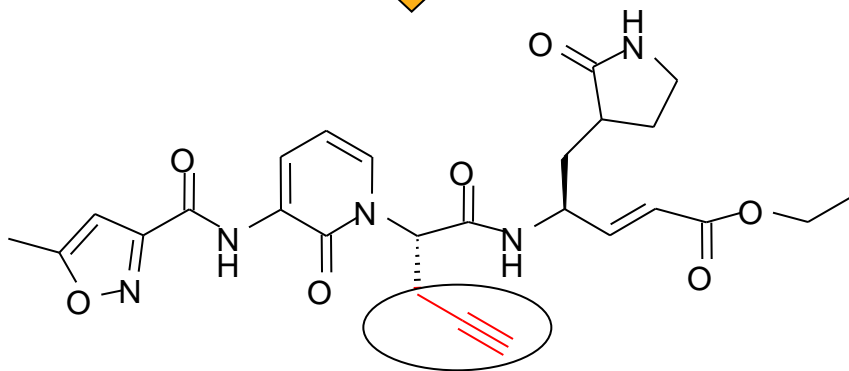
# Examples from literature to enhance metabolic stability in the molecular design

Reduce the overall lipophilicity (logP, logD) of the structure

## 3C Protease Inhibitor



EC<sub>50</sub> = 0.078 μM, clogP = 2.07  
C7hr (monkey) = 0.012 μM

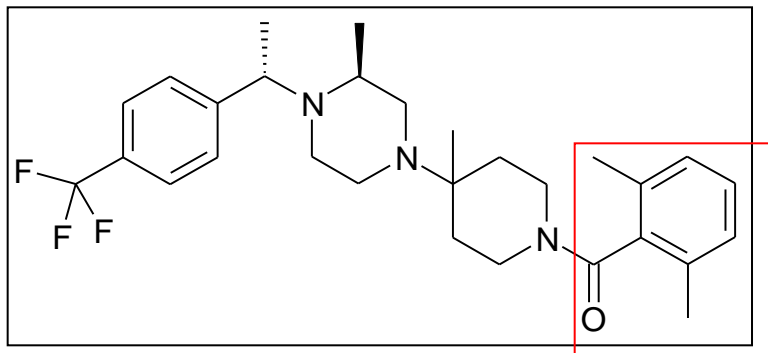


EC<sub>50</sub> = 0.058 μM, clogP = 0.18  
C7hr (monkey) = 0.057 μM

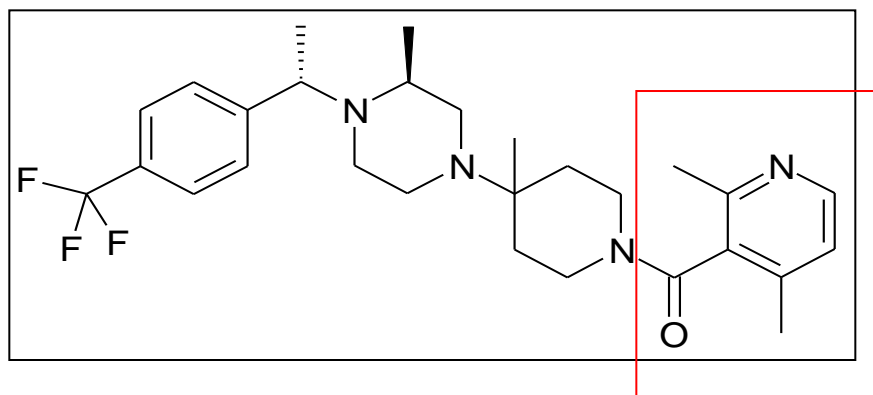


# Introduce isosteric atoms or polar functional group

CCR5 antagonist



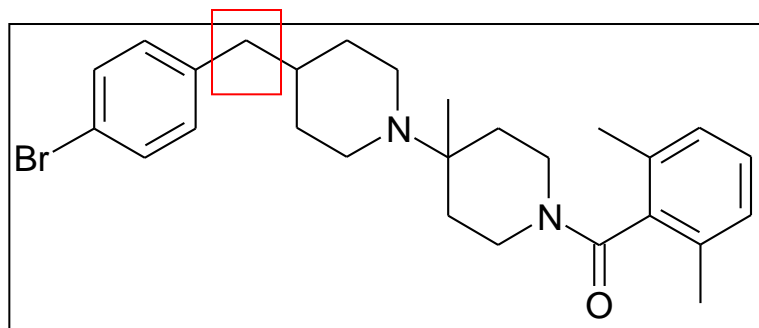
$K_i = 1 \text{ nM}$ , AUC 0-6h = 922 ng/ml hr



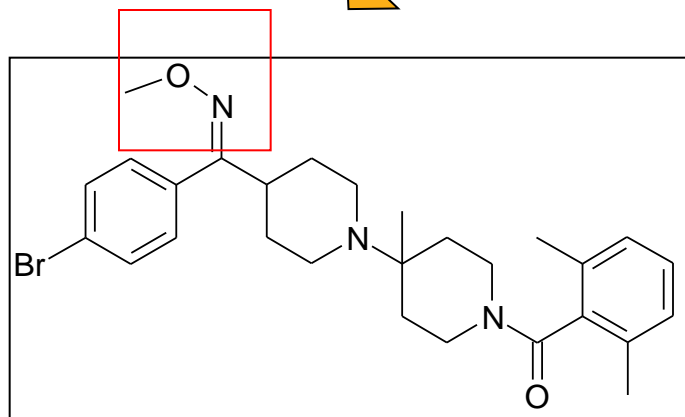
$K_i = 2.3 \text{ nM}$ , AUC 0-6h = 3905 ng/ml hr

# Remove or block the vulnerable site of metabolism (Benzylic oxidation)

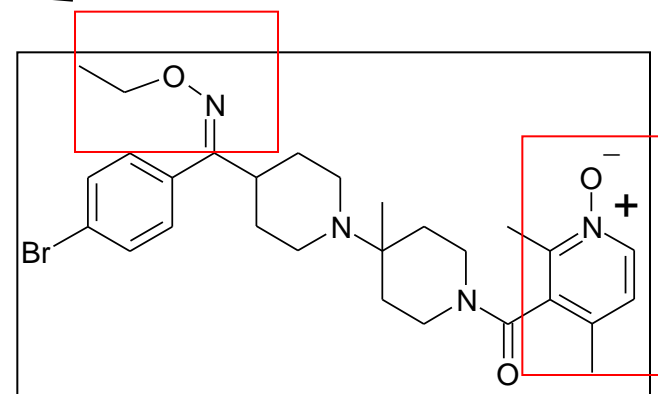
CCR5 antagonist



$K_i = 66 \text{ nM}$ ,  $AUC_{0-6h} = 40 \text{ ng/ml hr}$



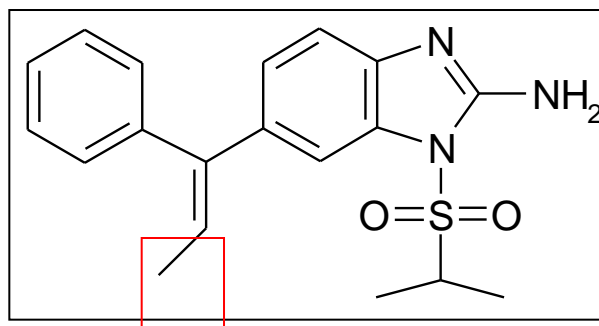
$K_i = 2 \text{ nM}$ ,  $AUC_{0-6h} = 1400 \text{ ng/ml hr}$



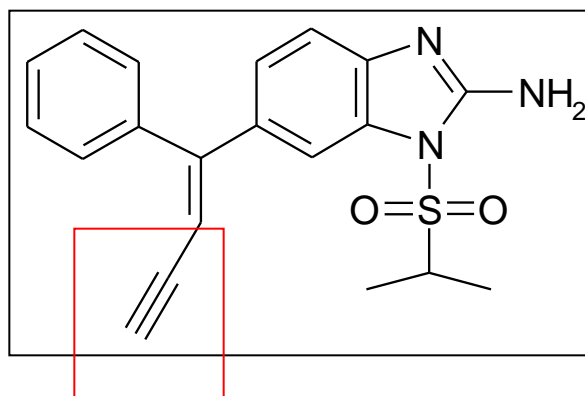
$K_i = 2.1 \text{ nM}$ ,  $AUC_{0-6h} = 6500 \text{ ng/ml hr}$

## Remove or block the vulnerable site of metabolism (Allylic oxidation)

Vinyl acetylene antiviral



IC<sub>50</sub> = 0.06 µg/ml  
C<sub>max</sub> = 14-140 ng/ml

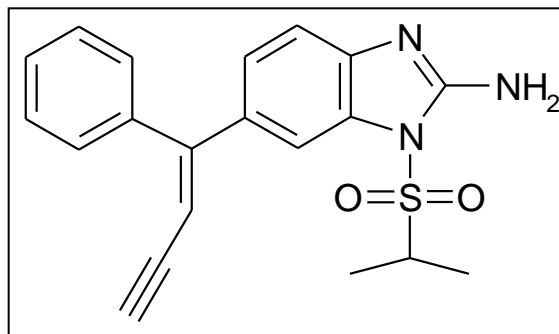


IC<sub>50</sub> = 0.02 µg/ml  
C<sub>max</sub> = 70-300 ng/ml

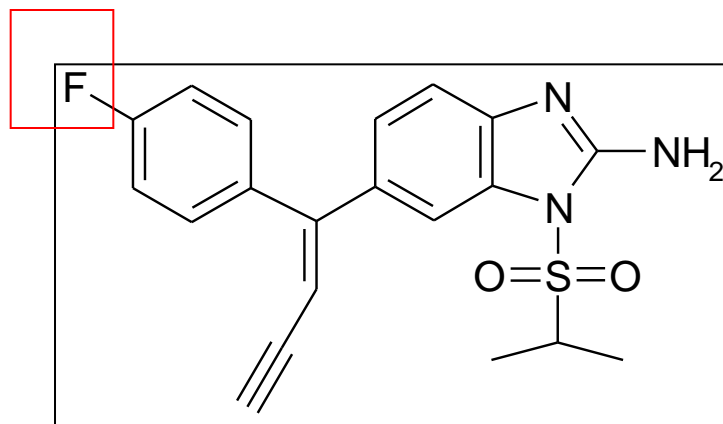
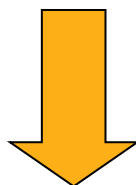
Victor F et al (1997). Journal of medicinal chemistry, 40(10), 1511-8.

## Remove or block the vulnerable site of metabolism (Phenyl oxidation)

Vinyl acetylene antiviral

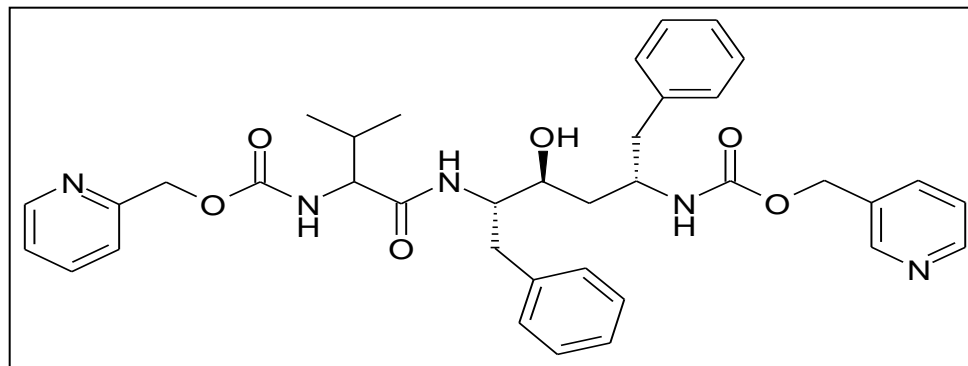


IC<sub>50</sub> = 0.02 μg/ml, % F = 9



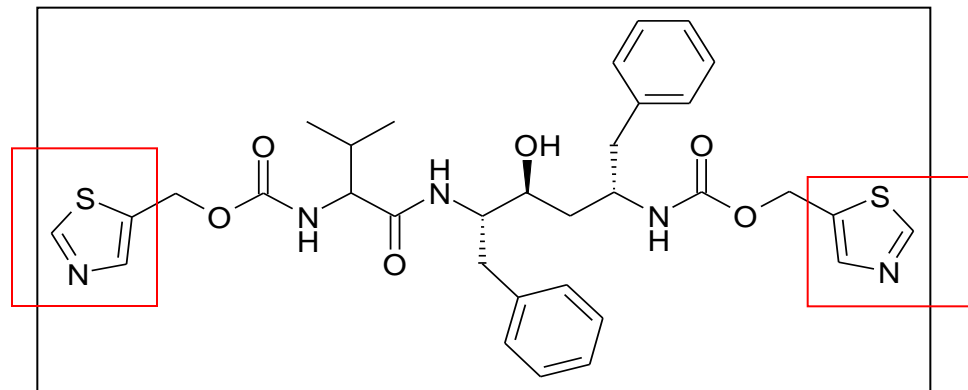
IC<sub>50</sub> = 0.04 μg/ml, % F = 23

# Remove or block the vulnerable site of metabolism (N-oxidation)



AUC = 1.98  $\mu\text{g}\cdot\text{h}/\text{ml}$   
% F = 26

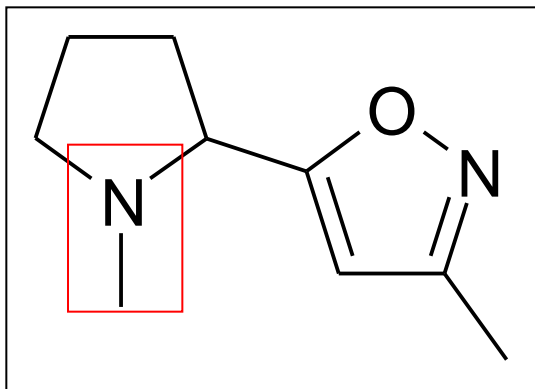
HIV Protease Inhibitor



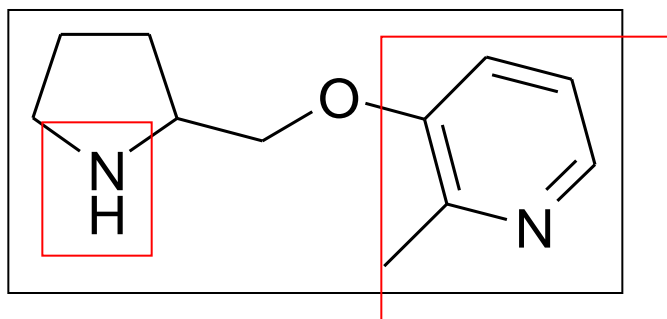
AUC = 4.24  $\mu\text{g}\cdot\text{h}/\text{ml}$   
% F = 47

# Remove or block the vulnerable site of metabolism (N-demethylation)

nAChR

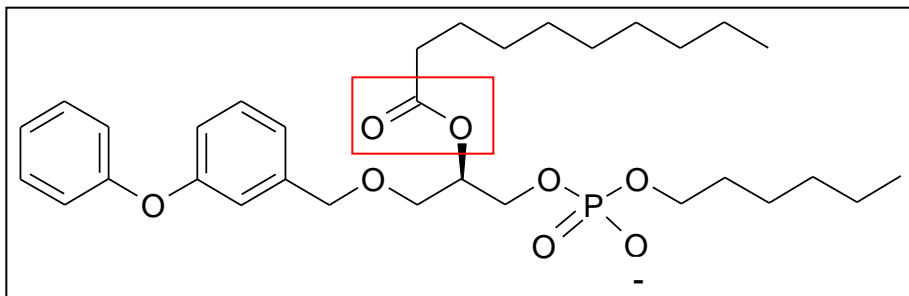


$t_{1/2}$  (dog liver slices) = 3 hr  
%F = 1.2



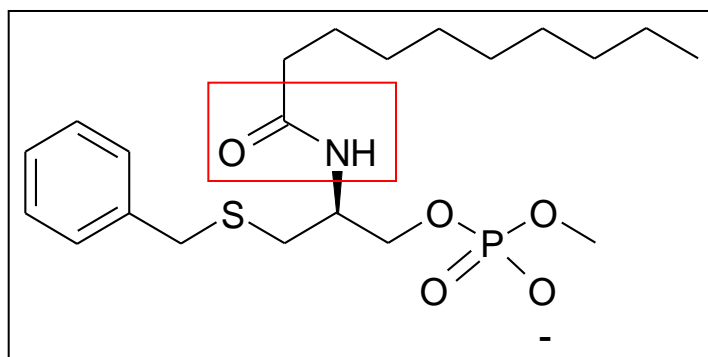
$t_{1/2}$  (dog liver slices) = 24 hr  
%F = 61.5

## Remove or block the vulnerable site of metabolism (Ester hydrolysis)



$t_{1/2} = 33$  min,  $C_{max} = 465$  ng/ml,  
% F = 4

### Phospholipase A Inhibitor

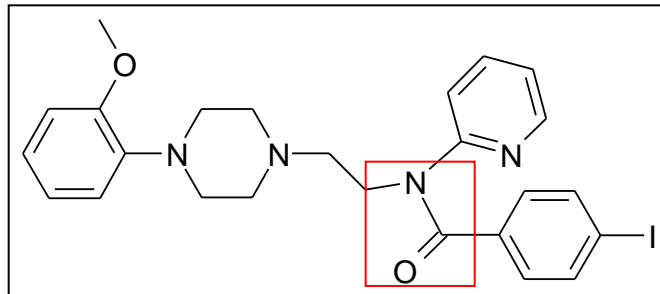


$t_{1/2} = 39$  min,  $C_{max} = 3261$  ng/ml,  
% F = 90

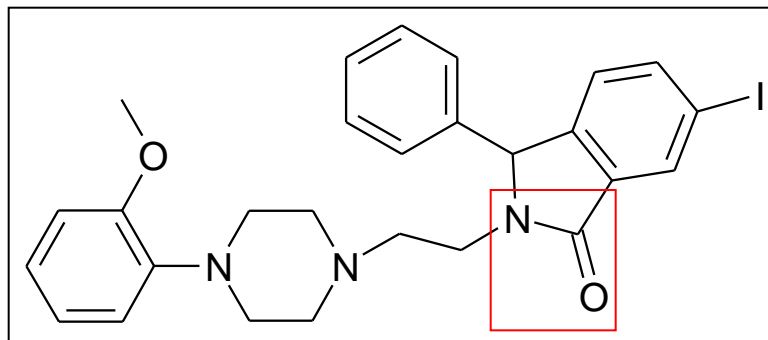
Blanchard S G et al (1998). *Pharmaceutical biotechnology*, 11, 445-63.

# Remove or block the vulnerable site of metabolism (amide hydrolysis)

5-HT<sub>1A</sub>



$k_i = 0.2 \text{ nM}$ , 40% and > 60 % degradation in human liver cytosole and microsomes, respectively

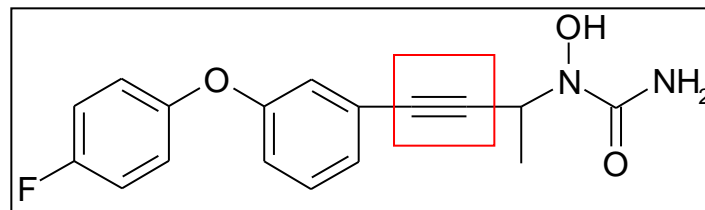
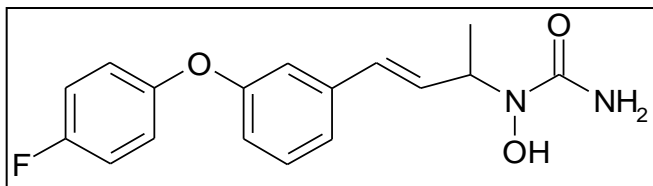


$k_i = 0.069 \text{ nM}$ , 10% and < 5 % degradation in human liver cytosole and microsomes, respectively



# Remove or block the vulnerable site of metabolism (Glucuronidation)

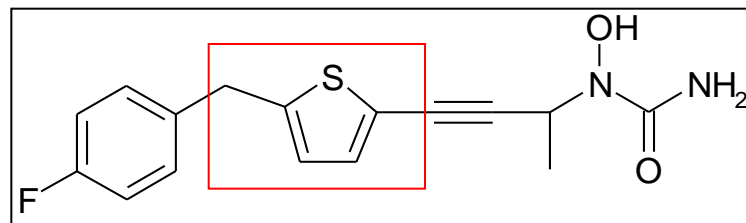
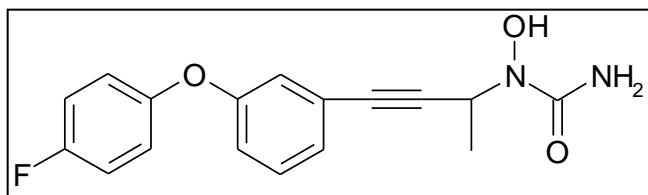
## Effect of linker 5-LO Inhibitor



UDPGA rate (nmol/min/mg protein) = 0.19,  $t_{1/2}$  = 4.7 hr

UDPGA rate (nmol/min/mg protein) = 0.05,  $t_{1/2}$  = 5.5 hr

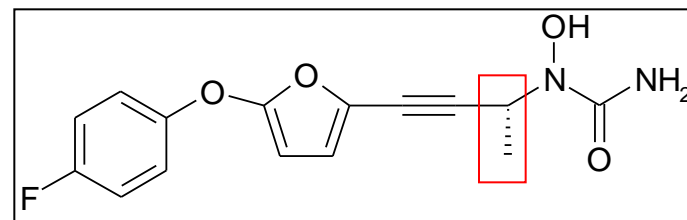
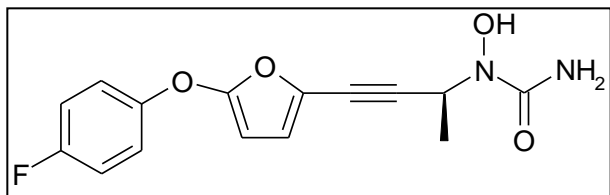
## Effect of template



UDPGA rate (nmol/min/mg protein) = 0.05,  $t_{1/2}$  = 5.5 hr

UDPGA rate (nmol/min/mg protein) = 0.012,  $t_{1/2}$  = 14.5 hr

## Effect of stereochemistry



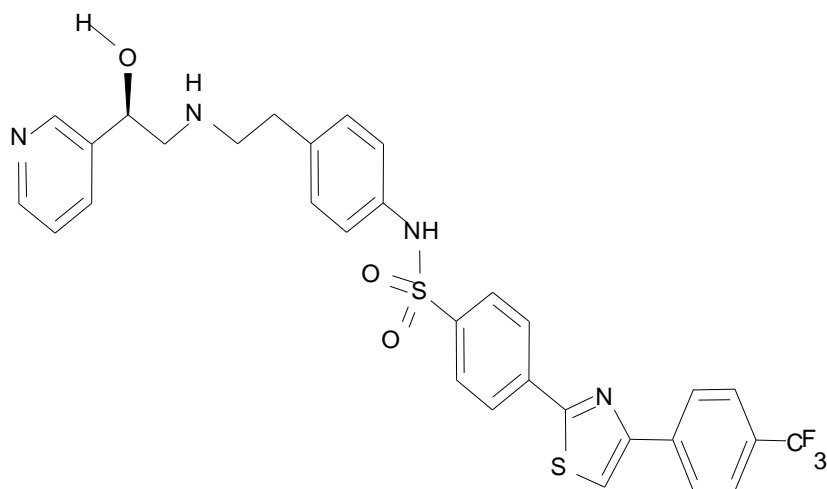
UDPGA rate (nmol/min/mg protein) = 0.02,  $t_{1/2}$  = 7.7 hr

UDPGA rate (nmol/min/mg protein) = 0.01,  $t_{1/2}$  = 8.7 hr

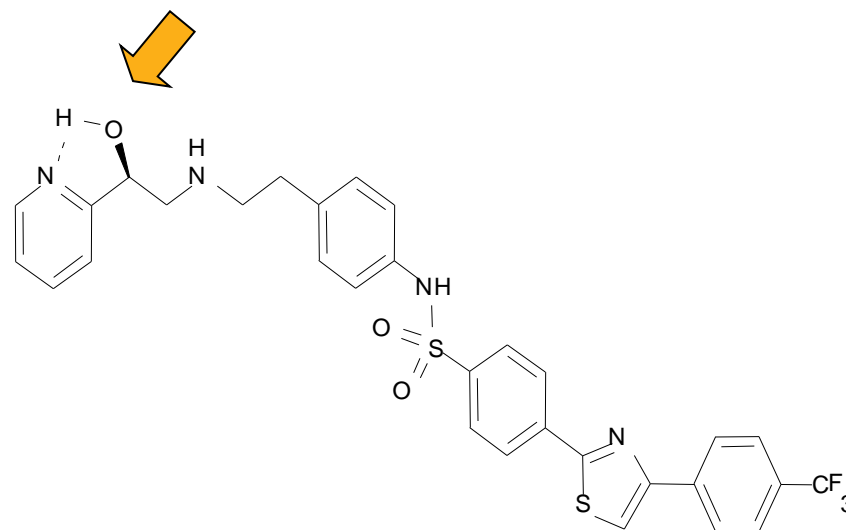
# Remove or block intermolecular interaction

*Improve oral bioavailability of a 3-pyridyl thiazole benzenesulfonamide adrenergic receptor agonist*

- The linkage to the pyridine moiety was changed from the 3- to the 2-position so that the pyridyl-nitrogen atom was positioned to the hydrogen bond with the ethanolamine hydroxyl group; this minimized intermolecular interactions that may limit the oral absorption of this compound class.



**%F = 17 (rats), %F = 4 (monkeys)**

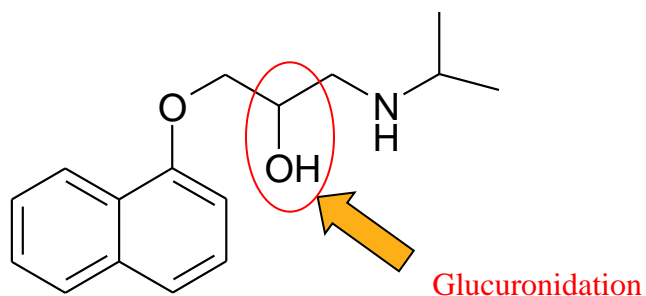


**%F = 30 (rats), %F = 23 (monkeys)**

Stearns *et al.* DMD, 30(7), 771-777, 2002

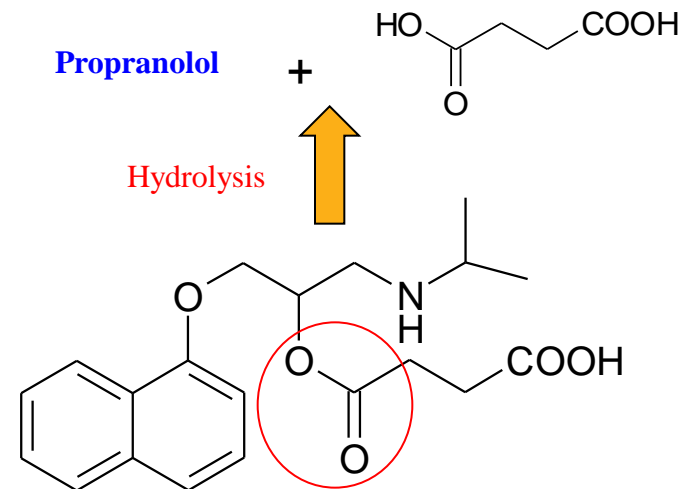
# Apply prodrug approach to minimize first-pass effect

- Oral dosage of propranolol (Hasegawa *et al* 1978) produces a low bioavailability and a wide variation from patient to patient when compared to intravenous administration; this difference is attributed to first-pass elimination of the drug.
- Hemisuccinate ester of propranolol was selected as a potential prodrug with the hypothesis that propranolol hemisuccinate ester administration would avoid glucuronide formation during absorption and subsequently be released in the blood by hydrolysis.



Propranolol

AUC 0-6 = 132 ng/ml.h



Hemisuccinate ester of propranolol

AUC 0-6 = 1075 ng/ml.h

# Conclusions

- ❑ Structural information on metabolites is a great help in enhancing as well as streamlining the process of developing new drug candidates.
- ❑ By improving our ability to identify both helpful and harmful metabolites, suggestions for structural modifications will optimize the likelihood that other compounds in the series are more successful.
- ❑ In-silico and in vitro techniques are available to screen compounds for key ADME characteristics.
- ❑ Structural modifications to solve a metabolic stability problem may not necessarily lead to a compound with an overall improvement in PK properties.
- ❑ Solving metabolic stability problems at one site could result in the increase in the rate of metabolism at another site, a phenomenon known as **metabolic switching**. Further, reduction in hepatic clearance may lead to increased renal or biliary clearance of a parent drug or inhibition of one or more drug-metabolizing enzymes. Therefore, it is advisable that in vitro metabolic stability data be integrated with other ADME screening.

# Improving the decision-making process in the structural modification of drug candidates

## Part II: The Use of Deuterium Isotope Effects to Probe Metabolic liabilities and mechanisms of the formation of reactive metabolites that can cause toxicity

Amin Kamel, Ph.D.

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# OUTLINE

- ❑ Deuterium Isotope Effects: general aspects and background
- ❑ Understanding how the deuterium isotope concept affects the rate of reaction from a mechanistic perspective (HAT vs SET)
- ❑ Uses of deuterated drug approach to probe metabolic liabilities and improve PK parameters
- ❑ Uses of deuterated drug approach to probe metabolism-related toxicity
  - *Mechanism of drug-induced toxicities*
  - *Key factors in drug-induced toxicities*
- ❑ Conclusions

# Deuterium Kinetic Isotope Effects (KIE)

## General aspects and background



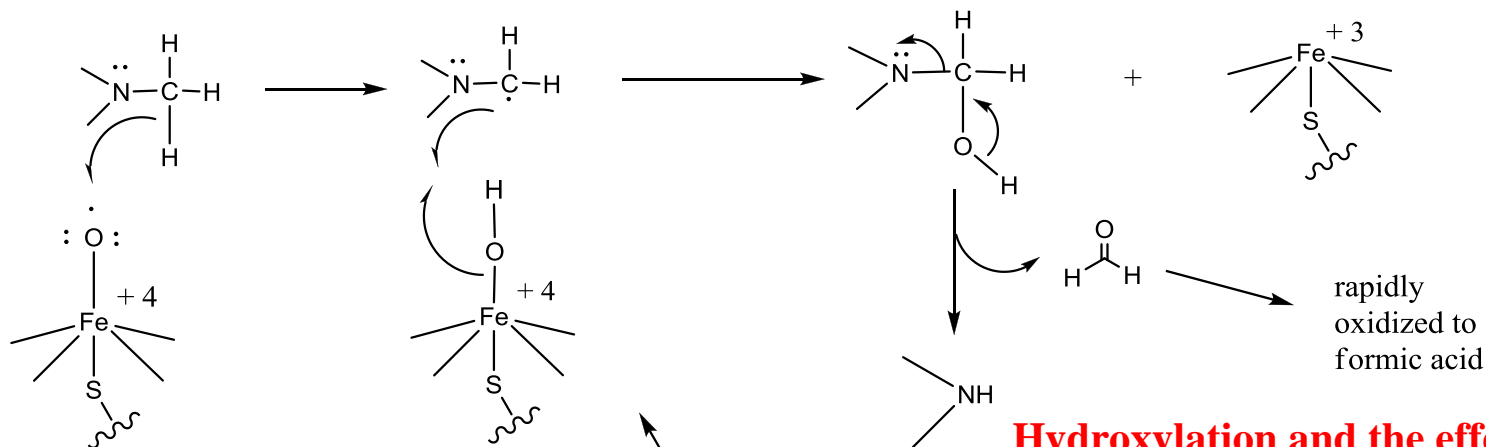
Heavy Drugs  
Ted Agres, Contributing Editor  
Drug Discovery & Development - May 01, 2009

- KIE became an attractive concept → replacement of one or more hydrogens in a drug molecule with deuterium would have negligible effects on the physico-chemical properties.
- The more stable deuterium bond requires a greater energy of activation → a C-H bond cleavage is typically 6-10 times faster than the corresponding C-D bond ( $k_H/k_D$  values are in the range of 2-5)
- KIE studies are sometimes accompanied by **Metabolic Switching** → could be deployed deliberately as a parameter in drug design to generate active metabolites and/or deflect metabolism away from pathways leading to metabolites with toxic properties

- Although no deuterated compound has been approved as a human medicine, the early clinical evaluation of several candidate compounds has been encouraging and has the potential to provide a unique approach to creating new medicines that can address important unmet medical needs.

# Proposed mechanisms for P-450 Oxidations involving carbon-heteroatom bond cleavage (N-, O- and S-dealkylations) showing N-dealkylation as an example

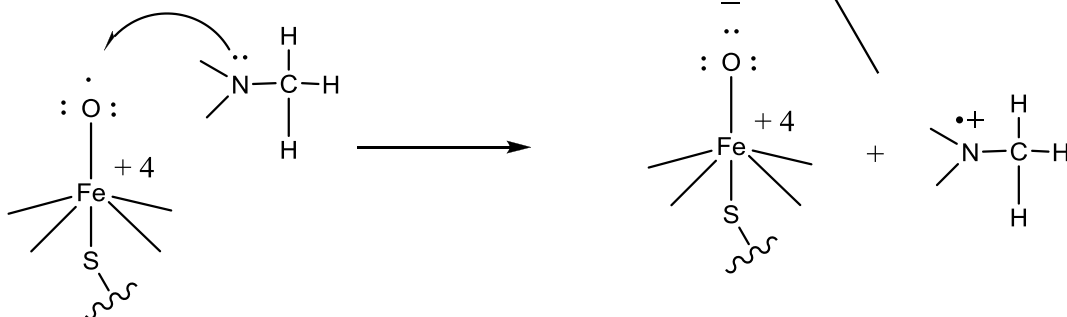
## Direct Hydrogen Atom Transfer (HAT)



## Hydroxylation and the effect of deuteration

*For aromatic compounds the reaction usually involves the initial formation of an arene oxide and subsequent rearrangement into a phenol. However, for aliphatic compounds and moieties, direct hydrogen abstraction occurs first to give a carbon radical which is then hydroxylated and thus deuterium isotope effect would be expected*

## Single Electron Transfer (SET)



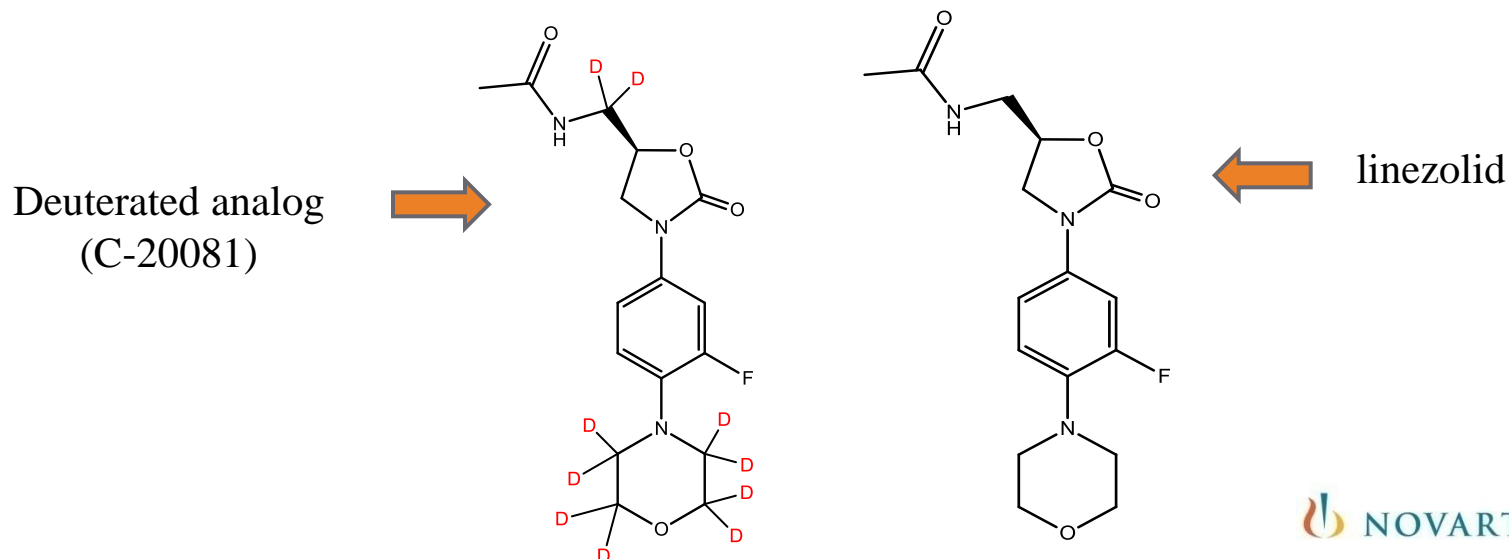
deprotonation



# Uses of deuterated drug approach to probe metabolic liabilities and improve PK parameters

## *Effect of deuteration of Linezolid on efficacy, exposure and half-life*

- In August 2008, **Concert Pharmaceuticals Inc.** has presented pre-clinical results for the deuterated analog of the antibiotic linezolid (C-20081), for possible once-daily oral and intravenous dosing.
- Results indicated that C-20081 with efficacy identical to that of linezolid had a 43% increase in plasma half-life compared to linezolid and showed improved tolerability for such serious bacterial infections as methicillin-resistant staphylococcus aureus (MRSA) and drug-resistant tuberculosis (improved i.v. and oral pharmacokinetics, including increased exposure and half-life were exhibited in chimpanzees)

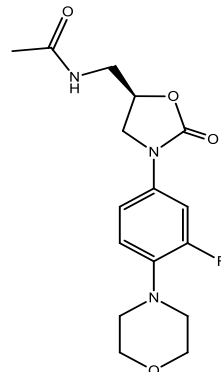
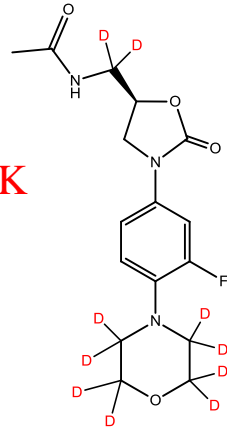


# Major metabolic pathways of Linezolid

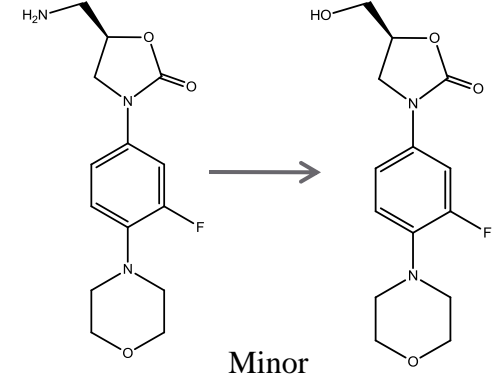
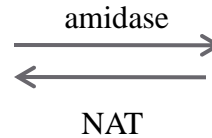
Deuterated analog  
(C-20081)

Improved i.v. and oral PK  
↑ exposure and half-life

Major in urine & feces



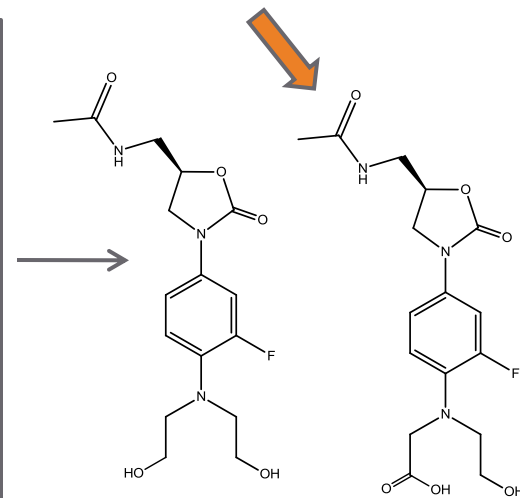
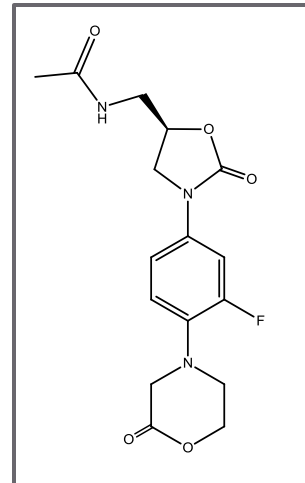
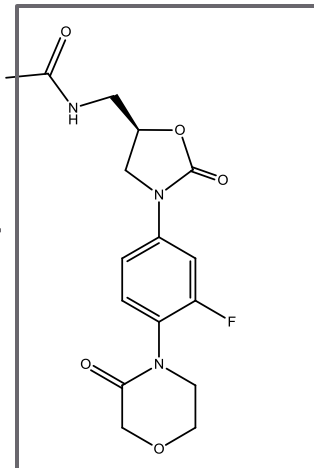
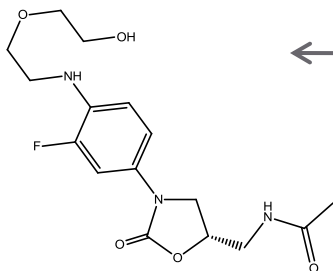
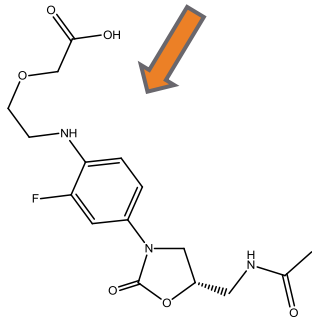
linezolid



Lactam pathway

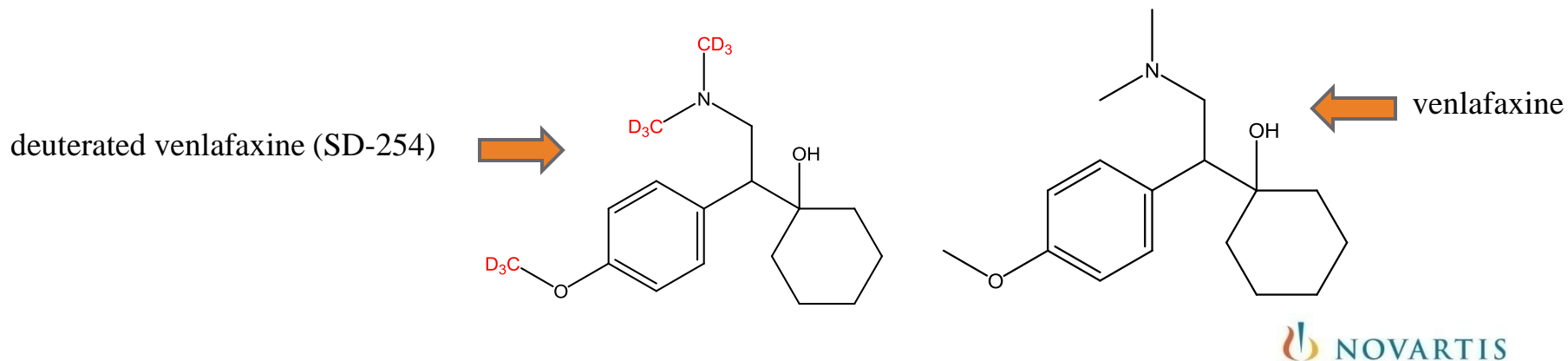
Lactone pathway

Major in urine & feces  
Rate-limiting step in linezolid clearance

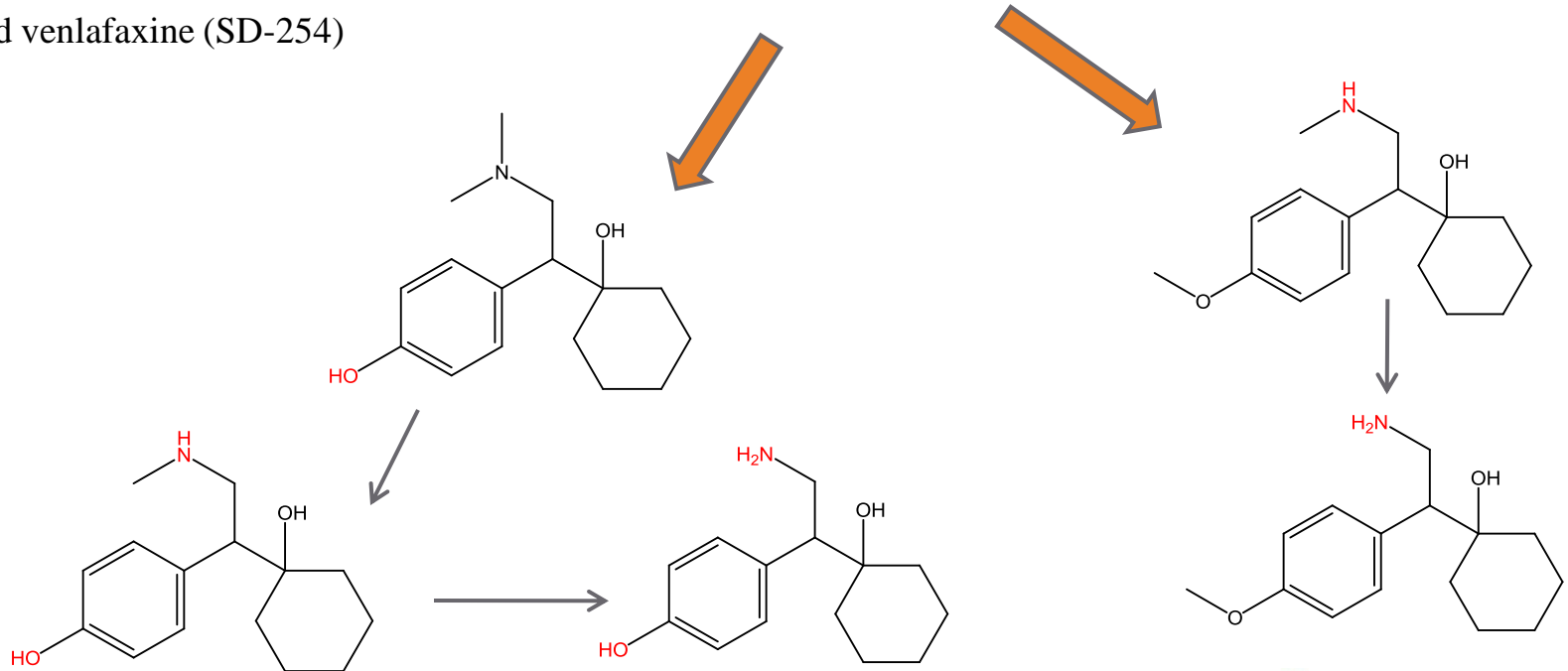
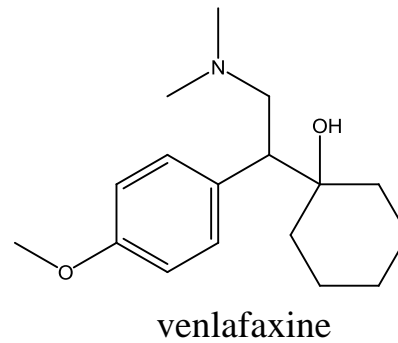
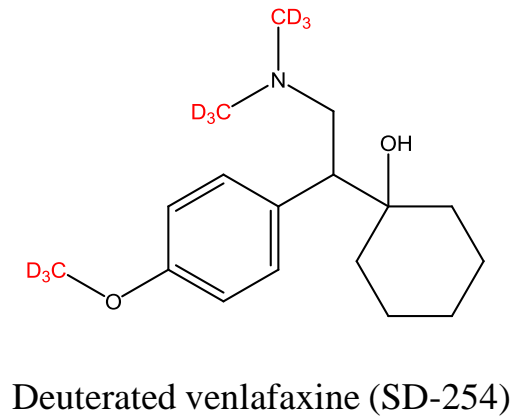


## Effect of deuteration of N- and O-CH<sub>3</sub> groups of venlafaxine on its metabolism and duration of effect

- The anti-depression drug venlafaxine is one case in which deuteration approach has been successful. Venlafaxine is the blockbuster selective serotonin-norepinephrine reuptake inhibitor (SNRI) drug for major depressive disorder, originally marketed by **Wyeth** as Effexor in 1993.
- Venlafaxine has a methoxy group that is rapidly converted to a hydroxyl group in the liver and it also has a dimethylamine group that is quickly metabolized to a primary amine.
- In October 2008, Auspex announced initial Phase I clinical trial results for its deuterated version of venlafaxine in 16 healthy volunteers. The data showed that the compound, designated as SD-254, was metabolized half as fast as venlafaxine and persisted at effective levels in the body far longer. Auspex has received a patent on SD-254

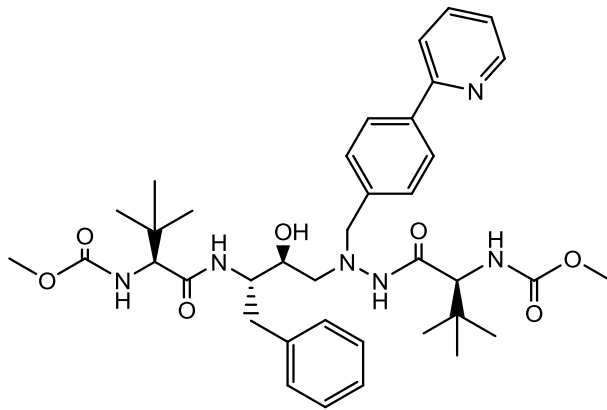


# Major metabolic pathways of venlafaxine

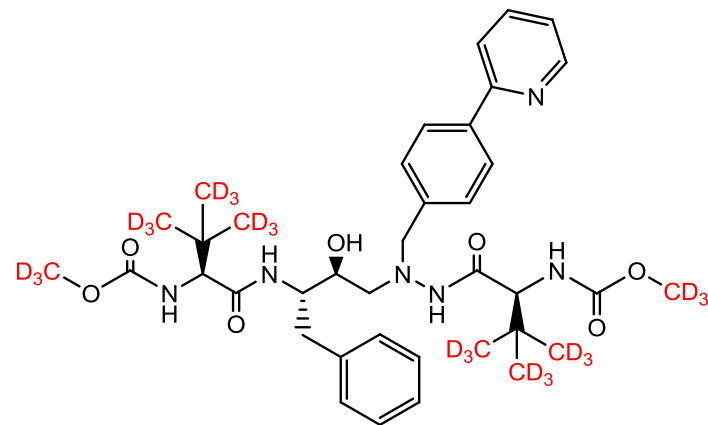


# Effect of deuteration of atazanavir on half-life, Cmax and AUC

- In human liver microsomes, the deuterated analog of the antiviral atazanavir (CTP-518) showed an approximately 50% increase in half life compared with atazanavir.
- Following oral co-dosing in rats, CTP-518 showed a 43% increase in half life, a 67% increase in Cmax and an 81% increase in AUC compared with atazanavir.
- When administered to chimps, CTP-518 showed around 50% increases in half life compared with atazanavir.
- The deuteration of atazanavir slows the rate at which the HIV drug is eliminated from the body, potentially abolishing the current need to coadminister the drug with ritonavir or another anti-HIV booster agent. CTP-518 is scheduled to enter Phase I clinical trials later last year (2009)



atazanavir (Reyataz™)  
HIV protease inhibitor



Deuterated atazanavir (CTP-518)

# Uses of deuterated drug approach to probe metabolism-related toxicities

## Mechanism of drug-induced toxicities

### □ Type A (predictable)

- Reactions are **dose-dependent and predictable** based on the pharmacology of the drug.
- Type A reactions can be reversed by reducing the dosage or, if necessary, discontinuing the drug altogether.

### □ Type B (unpredictable or idiosyncratic)

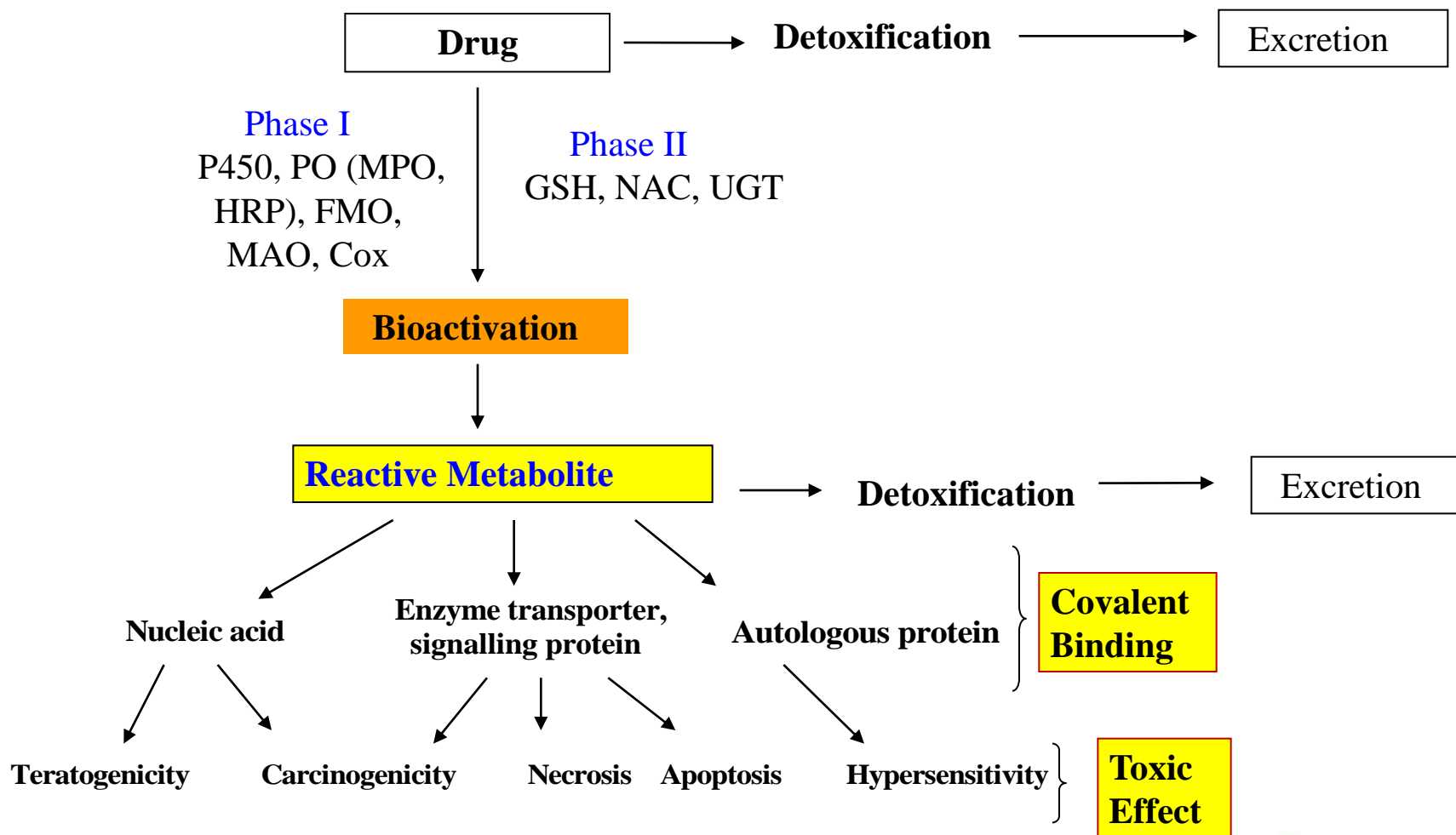
- Reactions are **dose-independent and cannot be predicted** on the basis of the pharmacology of the drug.
- Type B reactions are typically caused by formation of electrophilic **reactive metabolites** which bind to nucleophilic groups present in vital cellular proteins and nucleic acids.
- **Reactive metabolites** can cause carcinogenicity, teratogenicity, and immune-mediated toxicity.

# Uses of deuterated drug approach to probe metabolism-related toxicities

## Key factors in drug-induced toxicities

- ❑ Potency → low potency translates to high dose
- ❑ Selectivity → poor selectivity is problematic, e.g inhibition of Ikr channel via drug binding to hERG
- ❑ Duration of therapy and Dose → high dose is often problematic
- ❑ Drug-Drug Interaction (DDI)
  - “victim” or “perpetrator”
  - Mechanism: enzyme induction or enzyme inhibition (most serious, potential toxicity)
- ❑ Bioactivation → Risk factor via reactive intermediate

# Reactive intermediate paradigm and idiosyncratic reactions

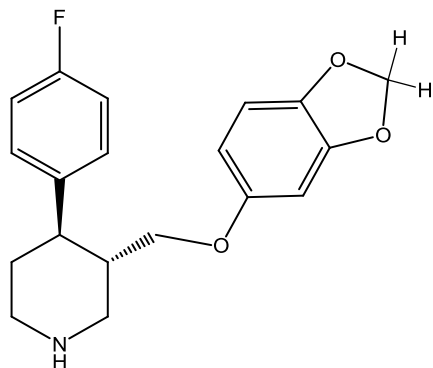




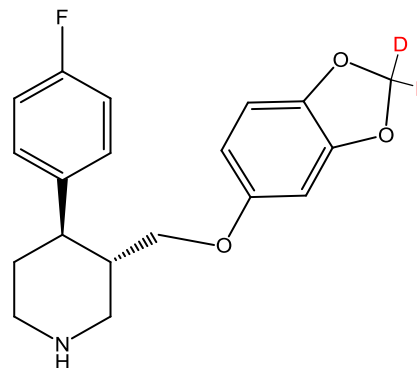
# Uses of deuterated drug approach to probe DDI findings

## *Effect of deuteration of methylenedioxy bridge of Paroxetine on the activity of CYP2D6*

- Paroxetine (Paxil) is an antidepressant selective serotonin reuptake inhibitor (SSRI) blockbuster drug and also reduces menopausal hot flashes.
- However, it irreversibly inactivates CYP2D6 → potential drug-drug interaction (DDI) with other medications mediated by CYP2D6
- A deuterated analog of paroxetine (CTP-347) was introduced by **Concert** as a potential nonhormonal treatment for menopausal hot flashes.
- Earlier last year (March 2009), Concert announced encouraging Phase I clinical trial results for CTP-347: in a trial of 94 women, the deuterated version CTP-347 showed less metabolic inhibition of CYP2D6 and potentially enabling its broader use with other drugs

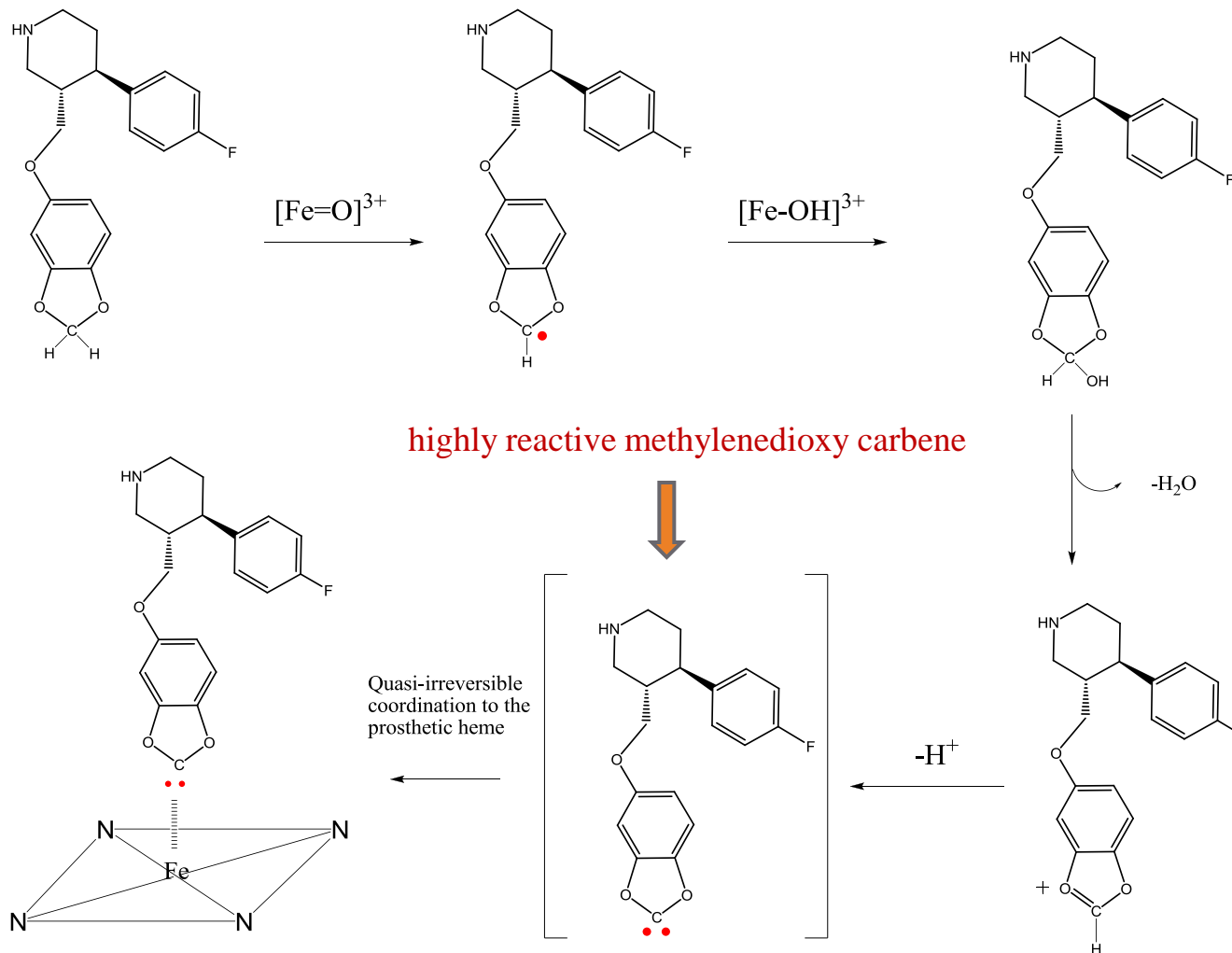


paroxetine (Paxil)



CTP-347

# Proposed mechanism for the formation of the highly reactive methylenedioxy carbene function of paroxetine by CYP2D6 and subsequent quasi-irreversible inhibition to inactivate CYP2D6



highly reactive methylenedioxy carbene

Quasi-irreversible coordination to the prosthetic heme

metabolic intermediate (MI) complex

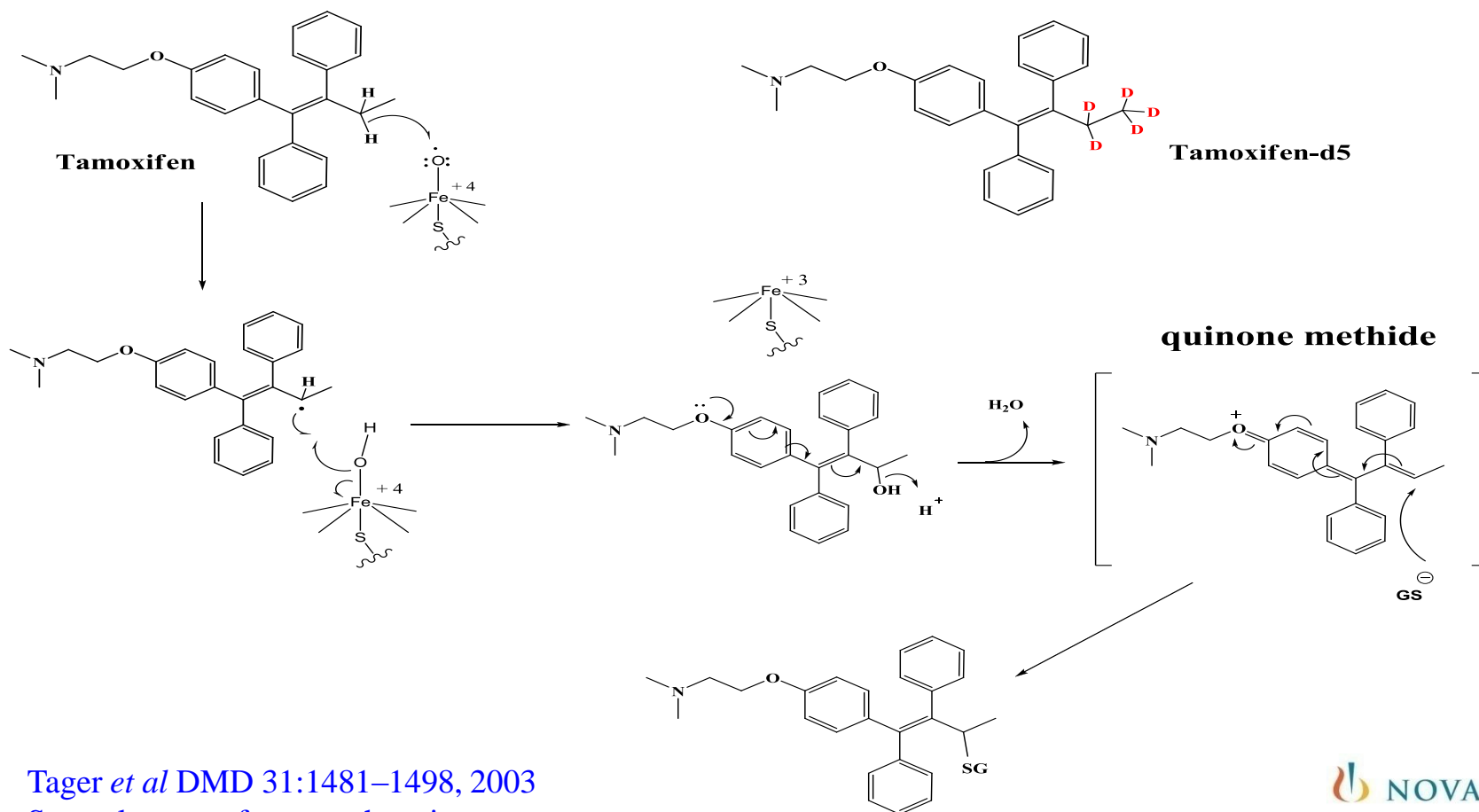
■ *CYP2D6 metabolizes the methylenedioxy portion of Paxil to the highly reactive carbene that then irreversibly inhibits the enzyme by binding its heme iron active site.*

■ *Replacing the pair of hydrogens on paroxetine's methylenedioxy bridge with a pair of deuteriums dramatically reduces the formation of the carbene and thus lessens the inactivation of the enzyme.*

# Uses of deuterated drug approach to probe mechanism of the formation of reactive metabolites that can cause toxicity

## *Effect of deuteration of Tamoxifen on the genotoxicity*

□ Genotoxicity of the antitumor drug, tamoxifen, was decreased 2- to 3-fold in vivo in rats by deuterium substitution for hydrogen in the allylic ethyl group suggesting that liver carcinogenicity involves allylic  $\alpha$ -carbon oxidation that may generate a reactive quinone methide.



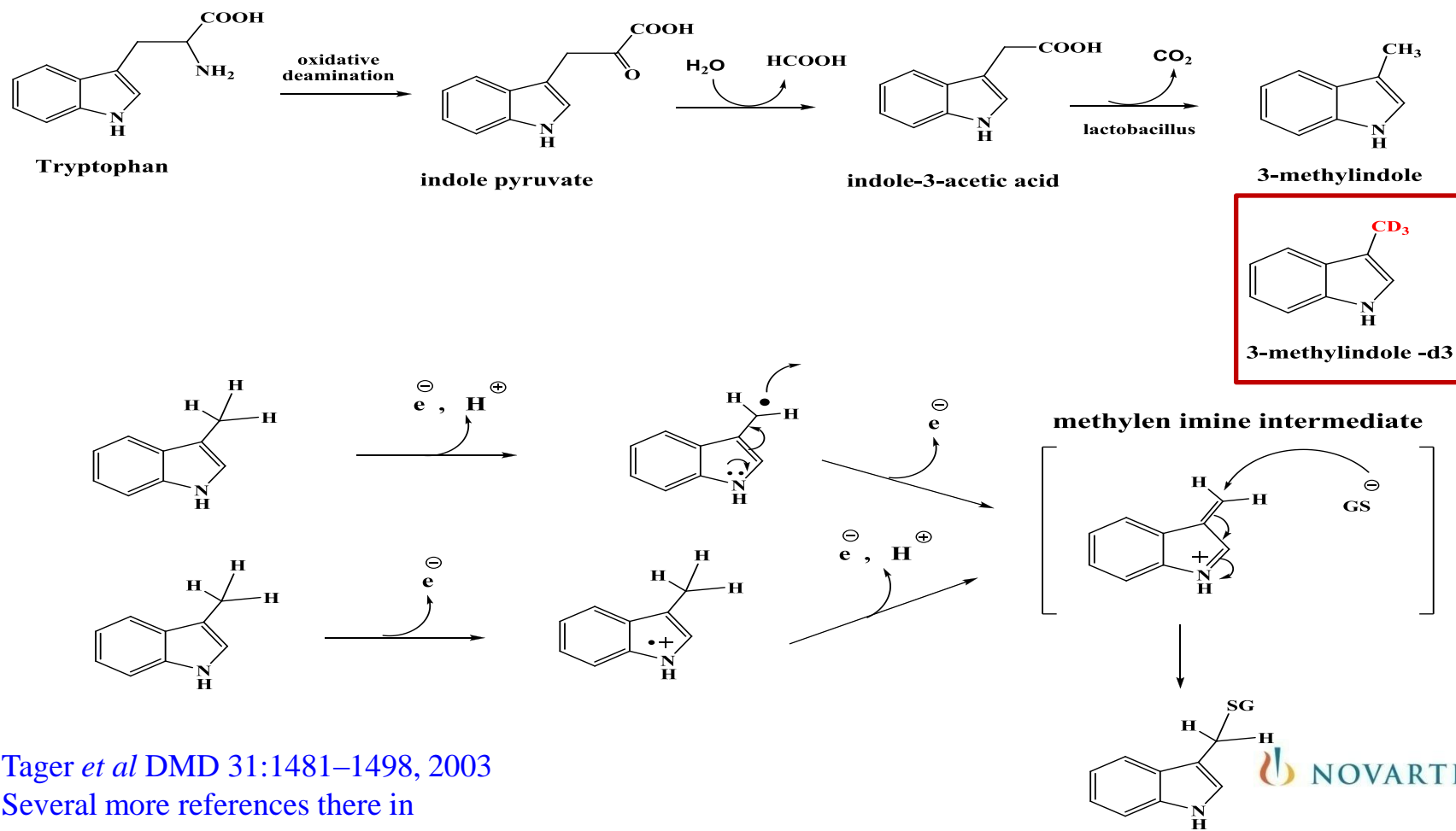
Tager *et al* DMD 31:1481–1498, 2003

38 Several more references there in

# Uses of deuterated drug approach to probe mechanism of the formation of reactive metabolites that can cause toxicity

## *Effect of deuteration of the pneumotoxin 3-methylindole (3 MI)*

- ❑ Damage to lungs in mice was found to be significantly decreased by deuteration of the methyl group, as was the rate of glutathione depletion (Huijzer et al., 1987; Yost, 1989).
- ❑ Mechanistic studies suggested that hydrogen abstraction from the methyl group was the rate-limiting step in the initiation of toxicity by 3MI via the formation of methylene imine intermediate.



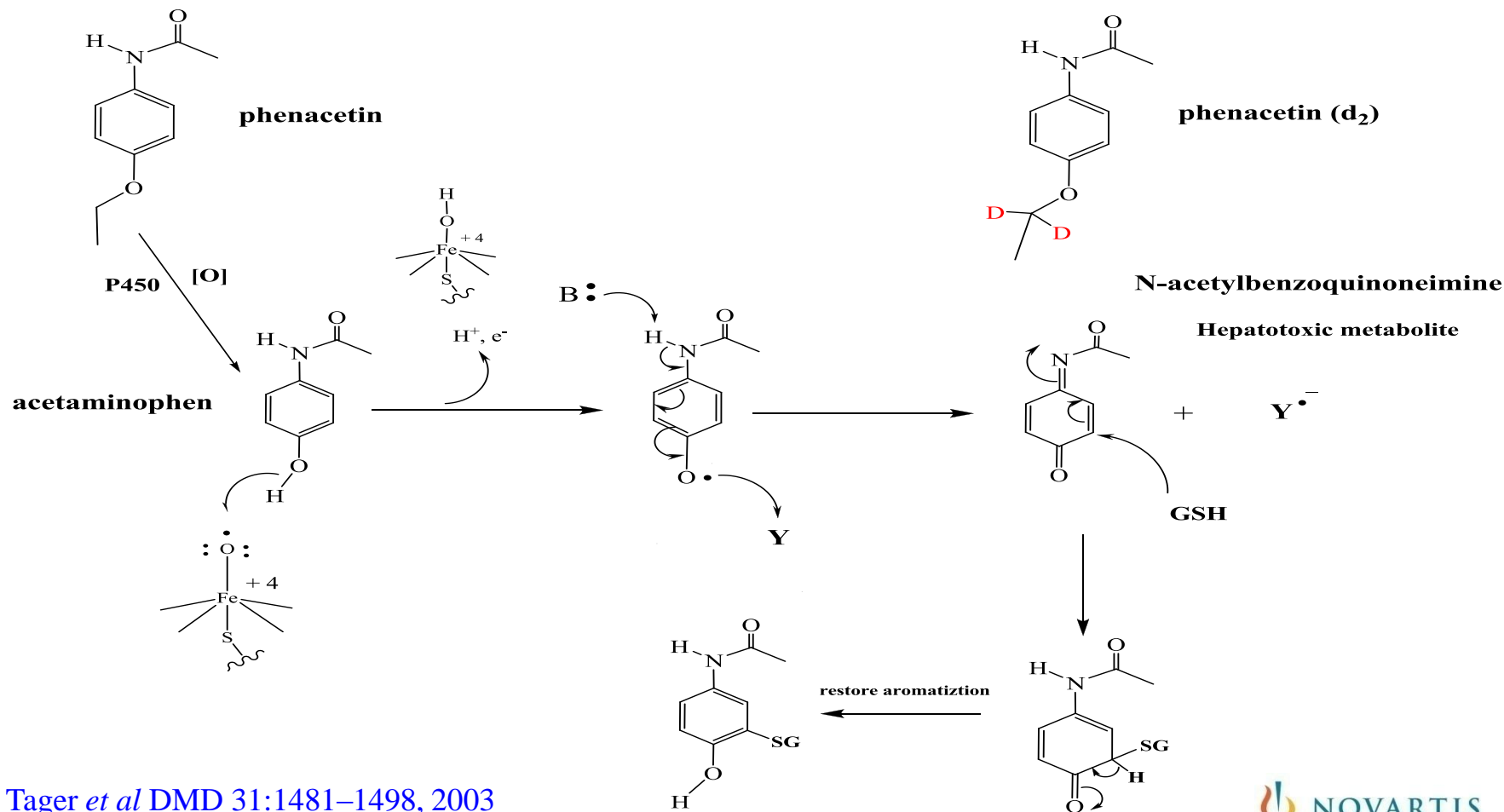
Tager *et al* DMD 31:1481–1498, 2003

39 Several more references there in

# Uses of deuterated drug approach to probe mechanism of the formation of reactive metabolites that can cause toxicity

## *Effect of deuteration of Phenacetin on liver toxicity*

☐ Deuterium substitution for hydrogen in the ethoxymethylene carbon of phenacetin significantly decreased the extent of hepatic necrosis (~ 3-fold) via decreasing the oxidative O-deethylation pathway to acetaminophen, which is further oxidized to its reactive toxic quinone imine



Tager *et al* DMD 31:1481–1498, 2003

40 Several more references there in

# Conclusions

- Deuterated drug approach would be most applicable with existing drugs (well-defined PK and metabolism data).
- Deuterated drugs approach can potentially lead to a variety of beneficial effects:
  - *longer duration of pharmacological action*
  - *reduced levels of toxic metabolites*
  - *metabolic switching to generate active metabolites from prodrugs*
  - *improve existing drugs and reduce the risk of failure in drug design/development.*
  - *have the same physico-chemical properties and thus requirements for toxicological data and clinical trials may be streamlined quicker by FDA*
- Reducing toxicity may be improved by
  - *Screening for reactive intermediates with the use of radiolabeled reagents*
  - *Introduce trapping agents, such as semicarbazide and potassium cyanide that are able to trap **hard** electrophiles*
  - *Focus on the mechanisms by which IDRs occur and continue dialogue among the disciplines involved in the entire process*
  - *Avoiding chemical functional groups that are well known to cause toxicity during drug design*